

INTERVENTION: SUPPORTED VOLUNTEERING



Project: WILD C.I.C. is a not-for-profit organisation combining nature and wellbeing. As a Rise-2-Thrive partner, we deliver a range of training, holistic and group support, and volunteering opportunities across North Yorkshire to help participants with transferable skills development and overall wellbeing. We've worked on ATI and ESF-CG as part of the Better Connect partnership and are dedicated to creating healthier, more sustainable communities!

Volunteer with us

Through Rise-2-Thrive we are able to provide supported volunteering opportunities for up to **5 participants** at a time. Participants will join us for up to 20 hours of supported volunteering. We have a number of in-person (mainly based in our Riccall office) and remote opportunities available. Travel costs can be subsidised where required.

Volunteers will develop skills in:

- Time management
- Risk management
- Team working
- Confidence
- Training and certifications relevant to their role.

Roles will be adapted to meet attendees interests and goals, but could include:

- Designing fun activities for young people
- Caring for our animals
- Outdoor habitat management and wildlife surveying
- Admin assistant in office
- Filmmaking assistant
- Social media assistant
- Workshop outreach assistant

In addition to helping people develop new skills and broaden their awareness of the kinds of work they could potentially do, we hope that by volunteering with us they will feel a sense of achievement, feel supported and encouraged, and establish a regular routine that puts responsibility on them to manage their time. Further volunteering opportunities may be available outside of the Rise-2-Thrive intervention.



If you have a participant on Rise-2-Thrive that would like to volunteer with us, please scan the QR code or [click here](#) for our referral form, or email info@projectwildcic.com